



SCHOOL (VARSITY, JV, JH, ELEM.) & STUDIO/ALL-STAR RULES 2020-2021

SECTION I: GENERAL RULES

HOW TO HANDLE PROCEDURAL QUESTIONS

1. **RULES & PROCEDURES** – The coach or advisor of a competing team should contact us regarding any questions or concerns pertaining to the rules and regulations.
2. **PERFORMANCE** – Should there be questions regarding the team's performance, the coach or advisor of the team should contact us to discuss any concerns.

DISQUALIFICATION

Teams that do not abide by the DTU Rules and Regulations are subject to disqualification from the event. A disqualified team will automatically forfeit its rights to any prizes or awards presented at the event.

DTU reserves the right to disallow any team, coach, dancer, spectator or other person from attending any DTU competition, for any reason, in DTU's sole and final discretion.

GENERAL SAFETY GUIDELINES

1. Teams should have an emergency plan in the event of an injury.
2. Coaches have the responsibility of recognizing the abilities of the dancers on the team, and should make sure the presented routine does not exceed the team's capabilities or include elements that create a safety risk for their team regardless of whether the element is permitted under the safety rules and regulations below.
3. Technical skills should not be executed without an advisor/coach present. Teams should always practice in an area suitable for the safety of the dancers. Teams should not perform technical skills on:
 1. Concrete, asphalt, or any other hard or uncovered surface
 2. Wet surfaces
 3. Uneven surfaces
 4. Surfaces with obstructions
4. Appropriate warm-up and stretching should be implemented by the team both before and after a performance.
5. All DTU events (including camps and competitions) will be run in accordance with applicable laws and regulations regarding health and safety, and coaches, teams and spectators will be expected to fully comply with such laws and regulations, as



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well as any more restrictive health and safety rules put in place by DTU from time to time.

6. Additional safety rules and regulations can be found in SECTION IV: ROUTINE RULES AND GUIDELINES.