



SCHOOL (VARSITY, JV, JH, ELEM.) &
STUDIO/ALL-STAR RULES 2021-2022

SECTION III: ENTRY GUIDELINES AND AWARDS

TEAM ENTRY GUIDELINES

1. School teams may compete in the following styles: Pom, Jazz, Hip Hop, Kick, Team Performance and Military. All Star teams may compete in the following styles: Pom, Jazz, Lyrical, Hip Hop, Kick, Team Performance, Open and Military. DTU may choose, in its discretion, to offer School divisions in Lyrical, Contemporary, Open, Prop or any other style of dance depending upon demand in a particular region. Additionally, at our Regional Competitions, members of teams may compete in solos, duos/trios, or (at Regional Competitions where an officer division is offered) as a group of officers. There is no limit to how many solo, duo/trio, or officer routines a team may enter at our Regional Competitions.
2. At our National competition, we will have a solo competition and a Spirit Showdown. Regional Competitions may have a Spirit Showdown division at DTU's discretion. If DTU does not have a Spirit Showdown division at a Regional Competition, then teams at that event may compete their Spirit Showdown routine in the Open division.
3. Teams may enter one routine in each style. If a school or All-Star program wishes to enter multiple routines in a single style they must designate different teams (e.g. West HS Blue Team and West HS Gold Team), **and the teams should have one or more dancers that do not overlap.**
4. The following team size guidelines will apply:
 - (a) Team size will be determined as of the registration date.
 - (b) At least 5 dancers must be registered to perform in each team routine. A team will still be allowed to compete if they drop to fewer than 5 dancers at performance time, but at least 5 dancers must be registered for the routine.
 - (c) At least 4 dancers must be registered to perform in each officer routine. An officer group will still be allowed to compete if they drop to fewer than 4 dancers at performance time, but at least 4 dancers must be registered for the routine.
 - (d) Teams may use a different number of dancers in each routine subject to the minimums above.

ELIGIBLE TEAMS

1. REGIONAL COMPETITIONS: College, Varsity, JV, Middle School, Elementary, and Studio/All-Star dance teams may compete.



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2. NATIONAL CHAMPIONSHIP: Varsity, JV, Middle School, Elementary and Studio/All-Star dance teams may compete.
3. ADDITIONAL INFORMATION ABOUT SCHOOL TEAMS
 - (a) Each team must be an official school dance team at the team's school (or from the same cooperative school or group of schools if not disallowed by their state), either under athletics or as a club sport or fine arts program. Home school students may compete with a school team.
 - (b) A team is considered Varsity if the team's school recognizes the dancers as Varsity members, regardless of the ages of the dancers. A team is considered Junior Varsity if the team's school recognizes the dancers as Junior Varsity members or "B" Team members, regardless of the ages of the dancers. A team is considered Middle School if not more than 49% of the dancers on that team are in 9th grade and no dancers are in 10th grade or higher. If a team from a state-recognized middle school or junior high school has 50% or more 9th graders then they will compete in Junior Varsity or Varsity, depending on their preference.
 - (c) An All-Star team for which all performing dancers are from the same school (or from the same cooperative school or group of schools if not disallowed by their state) may choose to compete in either the All-Star division or a school division for any style of dance in which it enters.
 - (d) A dancer will be allowed to compete on different school teams (such as in both the Middle School and the Junior Varsity divisions or the Middle School and Varsity division), if that is how the dancer is allowed to compete within the rules of the team's applicable state association.
 - (e) **At Nationals:**
 - (i) Unless otherwise determined by DTU in its discretion, DTU will place any school team's first contemporary, jazz or lyrical entry into the school Jazz division ("Jazz" = a broad category at DTU that encompasses all of these styles in one); however, if the team has additional entries in any of those styles, the additional routines may be entered in the All Star Jazz, Lyrical or Open divisions.
 - (ii) For all other styles of dance, a school team will be placed in the school divisions for its entries to the extent school divisions are available, or All Star divisions otherwise.



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(iii) A school team may compete under any name - either its school name or any other name the school team chooses - and still compete in the school divisions.

(f) Teams from outside the United States may compete in Regional or National events in the division at or above the division they would compete if their team was from the United States.

4. ADDITIONAL INFORMATION ABOUT SOLOS/DUOS/TRIOS/ALL-STAR/STUDIO
TEAMS

(a) Subject to subsection (e) below, solos, duos and trios will compete in the following divisions based upon grade:

Senior (grades 11 and 12)
Junior (grades 9 and 10)
Youth (grades 6, 7 and 8)
Mini (grades 3, 4 and 5)
Tiny (2nd grade and under)

(b) All-Star/Studio teams will compete in the following divisions based upon age:

Open (age 13 and over)
Senior (age 18 and under)
Junior (age 15 and under)
Youth (age 12 and under)
Mini (age 9 and under)
Tiny (age 6 and under)

(c) The age/grade (as applicable) of the oldest dancer on the floor for a given duo, trio or group routine will determine which division the duo, trio or group competes in for that routine. Age/grade will be determined by birth year, as follows:

Open – Born on or before December 31, 2007
Senior - 2003 and after
Junior - 2006 and after
Youth - 2009 and after
Mini - 2012 and after
Tiny - 2015 and after



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(d) An All-Star team for which all performing dancers are from the same school (or from the same cooperative school or group of schools if not disallowed by their state) may choose to compete in either the All-Star division or the **school** division for any style of dance in which it enters.

(e) DTU may permit or require a dancer to compete in a different solo division if their age is different than the typical age range for the grades in any division, in DTU's sole and final discretion.

COMPETITION DIVISIONS

Teams may be grouped within each style into separate divisions (**example: Small Large Varsity**), based on the number of dancers entered for each team competing in such style. **Any** split between divisions will be determined by DTU based upon **the number of** entries received for each competition. DTU may elect to have a semifinal **and/or Second Chance** round depending upon the number of entries.

At any event, DTU may choose to combine categories (such as jazz and lyrical or All-Star and school divisions), or add additional categories, in order to increase competitiveness or for any other reason in its discretion.

At our National events, DTU may also split a division into multiple preliminary groups at its sole discretion. DTU may elect to seed any or all divisions at its sole discretion, including (without limitation) where there are multiple preliminary groups and DTU determines seeding would increase fairness and competitiveness. Additional information about seeding procedures may be provided in advance of any event where seeding is utilized.

NO SINGLE TEAM DIVISIONS (NATIONALS)

At our National events, DTU will combine any division that contains only one team into any other division at its discretion. This may result in divisions that include multiple age groups in a single style (e.g. Middle School/Elementary Team Performance) or multiple styles in one or more age groups competing in an Open division. However, no single team divisions will be permitted at Nationals.

REGIONALS AWARDS

1. Trophies will be awarded to at least the top 50% of teams in each division for each style.



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2. One Grand Champion award will be given to the most outstanding routine of the day, as determined by DTU in its discretion. The Grand Champion will receive a partial nationals bid (\$1,000 discount). A team may be selected as Grand Champion at multiple competitions throughout the season; however, a team winning multiple Grand Champion awards in a single season will only receive one partial nationals bid for that season.
3. Additional specialty awards may be awarded at the discretion of DTU as follows: Best Costume, Outstanding Artistry and **Most Entertaining** (all but Best Costume based primarily on total points within those subcategories on the score sheet).

NATIONALS AWARDS

1. Including teams advancing from any Second Chance Round pursuant to the next sentence, at least 50% of teams that compete in the preliminary round will ultimately advance to finals. If there is a Second Chance Round, selected teams with the next highest scores not advancing directly to finals out of the preliminary round will compete again, and the top scoring team(s) from the Second Chance Round will advance to finals.
2. Finalists in categories with 4 or more finalists will compete figure skating-style (in sub-groupings with lowest scores competing first, based upon their scores from previous round, but within each sub-grouping, teams will draw for random order). Finalists in categories with 3 or fewer finalists will compete in reverse order of their preliminary scores.
3. All finalists will receive trophies. In addition, all national champions will receive banners, jackets, and rings. In recognition of the tremendous success of each national champion, no Grand Champion award(s) will be given at nationals, except that a Grand Champion award may be given in the Studio/All-Star division only.

SECTION IV: ROUTINE RULES AND GUIDELINES

TUMBLING AND TRICKS

ALLOWED	NOT ALLOWED
Aerial Cartwheels*	Side Soma
Front/Back Aerials*	Layouts
Back handsprings	Shushunova
Backward Rolls	Toe Pitch Back Tucks
Shoulder Rolls	